

TOMAREE PUBLIC SCHOOL

PO Box 710, Nelson Bay 2315

EMAIL: tomaree-p.school@det.nsw.edu.au

WEB: www.tomaree-p.schools.nsw.edu.au

IMPORTANT DATES

NOVEMBER	DECEMBER	DECEMBER
8th – Swimming sport	2nd – Stage 2 MC Orienteering	10th – Presentation Day rehearsal
11th-22nd – Yr 2 Intensive swimming school commences		11th – Presentation Day
12th – 2020 Kindergarten orientation session 2	3rd – Orientation Day THS yr6	12th - Carols
15th – Yr 6 Defence students HS orientation	4th – K-6 Assembly - Woolworths cricket Blast Cup	16th – Year 6 Farewell
28th – 2020 Kindergarten orientation session 3 - Twilight Bandstand at Soldiers Point public school	5th – Choir at View Club performance	17th – Stage 3 Party Day
29th – Swimming sport	9th – Drama group performance 4-6 pm	18th – K-6 Assembly

TOMAREE K-6 PRESENTATION DAY ASSEMBLY

When—11th December 2019

Where— High School Mulit Purpose Hall

Time— 10 to 11.30 am



Principal's Report Week 2 Term 4

Woolworths Earn and Learn

Yesterday the mountain of items that the school was able to order through the Woolworths Earn and Learn promotion was presented to the school at the K-6 Assembly. These resources will be used in our classrooms to assist our students' learning.



Stage 3 Camp to Canberra – Whooping Cough Alert

Thank you to the Stage 3 teachers, parents and students who went on the Stage 3 camp to Canberra. We do need to let you know that one of the students who attended camp has since been diagnosed with whooping cough. Please see the attached fact sheet regarding signs and symptoms (page 5-6). A Class Dojo notification was sent out today to all parents.

P&C Meeting

Our P&C meeting is being held tonight (Thursday 7th November). If you would like to learn more about how to assist the school, or to listen to our amazing and dedicated P&C and the wonderful role they have in the school, we are meeting at 5pm in the Staff Common Room. All welcome. Please read their article in the newsletter, especially regarding the movie offer for Frozen II.

Friday Sport – Swimming

We are one of the only schools in our area who take students to swimming lessons for sport. This takes an enormous amount of organisation and work for this program to go ahead. Thank you to the teachers, parents and pool staff who assist the school to ensure our children learn swimming fundamentals in order to stay safe in the water.

Kinder Orientation

It was lovely to see the confident children who accompanied their parents on Wednesday to the first Kinder Orientation session.

Whilst the children mixed and played with this year's Kindergartens, parents, carers and friends were taken through an information session and how they can help get their children ready for school. Thank you to Ms Abraham for her organisation and to Mr Hughes, Mrs O'Sullivan and the other staff who assisted in getting our new children settled and playing happily.

Our next session will be on Tuesday 12th November.

Swim School

Not to be mixed up with Friday Sport, we are just about to get our Year 2 students ready for their intensive swimming lessons for the next fortnight. Again, thank you to the teachers and office staff for getting this program off the ground.

Leave

We are getting to that very busy time of year where some parents start to look at holidays before the Christmas/New Year rush. I would remind all parents that a leave exemption form must be completed and signed off. These can be collected from the front office.

Reports

Teachers are collating information and marking assessments in preparation for the end of year reports. This is a very busy time of year and I would ask that you be aware that if you wish to speak to teachers, that an appointment is made so that the learning time of students is not disrupted.

Parking/Pedestrian Crossing

Thank you to everyone who continues to do the right thing in our Kiss and Drop zone in the morning. I do love it when I get to be out there and get to talk to both children and parents/carers in the morning. I would also ask that parents do not put the lives of themselves or their children at risk by making sure you use the pedestrian crossing when leaving the school in the afternoon and entering the car park.

Please hold your child's hand when crossing the road.

Have a great fortnight

Chris King

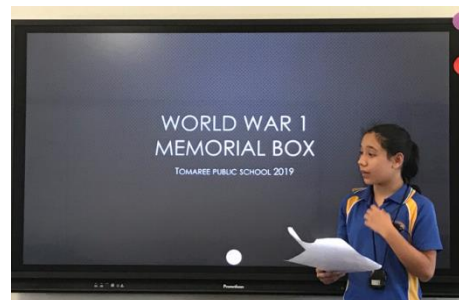
Proud Principal of Tomaree Public School

MERIT AWARDS TERM 3 WEEK 10				
CLASS				
KH	Sky Carnell	Mylah Bunt	Ava Caslick	
KO	Lillah Stanton	Samuel Profitt	Tilly Doolan	
K/1S	Emily Lloyd	Anthony Grace	Mia Gahan	
S1A	Austin Hochkins	Tully Thompson	Grace Lobley	
S1M	Mya Bishop	Johny Swan	Olive Hinks	
S1/2B	Dylan Leeson	Tina Benson	Marley Bunny	
S2C	Kayla Smith	Delta Mayer	Nina Feenan	Lachie Hobbs
S2H	Lacy Burgess	Harley Stanton	Zac Martin	Christian Cole
	Malia Moses-Kinkaid			
S2T	Liv Cotterall	Izaac Leslie	Jonnie Andrijic	Jaz Renahan
S2/3B	Bowen Snell	Jessie Treharne	Charles Beckington	Charlotte Stephenson
S3C	Liam Fleming	Camryn Morley	Abby Orton	Loukyn Evans
S3D	Cohen Northwood	William Keech	Lexie Chesters	Joshua Mitchell
S3L	Breanna Rawlins	Piper Ross	Corey Barwood	Bailey Coughlin
S3R	Aidan Attard	Ashley Brown	Elisha Lai	Alex Glover
1C	Eric Kamble			
2/3N	Larissa Page			
2/3P	Lachlan Pearson	Brock Davis		

PRINCIPAL AWARDS			
CLASS	NOMINATIONS	RECIPIENT	REASON FOR AWARD
1C	Declan Grace, Ethan Mackay, Jayden Peterson	Declan Grace	For always using the PBL value of Personal Best during reading and maths groups.
2/3P	Elizabeth Peterson, Brock Davis	Elizabeth Peterson	For being a kind and considerate student who always displays our PBL values.
KO	Lillah Stanton, Samuel Profitt, Mason Beaver, Ava Menase, Skye McLennan	Lillah Stanton	For her HUGE improvement in Sport and PE participation. Lillah participates in every activity enthusiastically.
K1S	Brody Northwood, Mia Gahan, Liam Berichon, Oscar Green, Cooper Kerklaan	Brody Northwood	For his kindness and compassion towards others. Brody is constantly looking out for those in need. He also demonstrates personal best, towards all KLA's. He is a great role model to others.
S1A	Jake Tulk, Nevaeh Nesbitt, William Profitt, Ella-Rose Kadirogly, Mia Palmer	Jake Tulk	For always showing respect, responsibility and demonstrating his personal best.
S1M	Emily Watson, Holly Hampshire, Mimi McGrath, Eli Hart, Ella Niddrie	Ella Niddrie	For being a reliable student and always following the PBL values.
S2C	Ebonie Wallace, Blake Peterson, Savannah Peacock, Landon Bunt, Ashley Fleming	Blake Peterson	For always being focused and striving to aim for his personal best in every activity within and outside the classroom.
S3D	Molly Feenan, Olive Phillips, Cohen Northwood, Jensen Seamer, Joshua Mitchell	Jensen Seamer	For always being a kind and caring friend.
S3L	Damica Mayer, Taylor Rimmer, Dahlian Jennings, Rori Doherty, Hanshika Amith-Raj	Dahlian Jennings	For always listening to the teacher and doing his personal best.

MEMORIAL BOX

On Tuesday, 5 November and Wednesday, 6 November all classes were able to view some World War 1 artefacts, that came in the Memorial Box loaned from the Australian War Memorial. Lani Bishop, Jasmine Ferguson, Amelia Whiteman-Law and Isla Cotterall presented the Box to each of the classes, which included an interesting powerpoint display and a hands on experience of the items. Thank you to Mrs Bunny's organisation for making the opportunity for all of the students.



Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection and severe disease.

Whooping Cough (Pertussis)

Last updated: 3 June 2019

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

- Babies need to be immunised at 2 months, 4 months, 6 months and 18 months. The first dose can be given as early as 6 weeks of age.
- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.

- If your baby's vaccines are overdue, see your GP now to catch up.

Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

Free vaccine is provided through GPs and hospital antenatal clinics for pregnant women during **each** pregnancy

- The whooping cough vaccine is usually given to pregnant women at 28 weeks of each pregnancy, but can be given at any time between 20 and 32 weeks
- for women identified as being at high risk of early delivery, the vaccine should be given as early as possible (from 20 weeks)
- If not received during pregnancy, the vaccine should be administered as soon as possible after birth

A booster for adults is recommended for:

- other adult household members, grandparents and carers of infants under 12 months of age.
- adults working with young children, especially health care and child care workers.

If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local public health unit. Public health unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect – Prevent

[NSW Health whooping cough campaign:](http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx)

<http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx>

For further information please call your local public health unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

Canberra

Day one in Canberra was a blast. We started our journey at 6:30am which resulted in a very tired Miss Rowlands. Our first stop was a relief after 6 hours of watching movies. We went to New Parliament House which was very informative and helped us understand the concept of government. In one of the rooms stood a huge model of parliament house built entirely out of Lego. Later after arriving at the accommodation where we were to stay for the next three nights we set out for Questacon. At Questacon there were many scientific and mind-blowing activities to interact with. The 6 metre high free fall slide made many of us scream but was also a favourite. Sadly, we ran out of time and did not get to see all galleries. Most of us were happy to be in bed that night except for a few who decided that the teachers didn't need sleep.

We woke up the next morning ready to have more fun. Breakfast was served at 7:20am then we were off to our next activity. The film and sound archive were next followed by the National Museum. They were all very fun. After lunch we drove along the road which housed the embassies of different countries. There were so many different ones. When we arrived at the War Memorial any bags we were carrying had to be checked as a safety precaution. We laid poppies on the grave of an unknown soldier whose body was found. There were some magnificent light and sound shows that made you feel as if you were there. We drove to the very top of Mount Ainsley for a tiny teddy stop. Sienna Lauricella was a great help by holding onto wrappers that belonged to her peers. The gorgeous view was so captivating and you could see all of Canberra from just the top. The night ended with an exclusive talent quest which our very own Lachlan Pearson won with his flossing. Also coming in first place was Delilah Drysdale who performed a beautiful song for us.

Day three consisted of going to the Mint and bowling! Our first stop was at the Mint looking at the coins in all different shapes and sizes. We learnt how coins are made in Australia and the history behind them. Some of us even bought our own limited-edition coin that is only available in 2019. Finally when we finished our visit to the Mint we went in groups of six and played tenpin bowling.

On Day 4 our very last day we woke up very early! We went to the Australia Institute of Sport which was extraordinary. The athletes were all very skilful and we even saw where all the different athletes train at. There was even a special room where all of us students got to try out some different sporting exercises and activities. After our exhausting trip at the Australia Institute of Sport we set back home to Port Stephens and got back worn out at 6:30 pm. A special thanks to all our parent helpers and teachers who helped out in camp.

Written by Elisha and Ebony



PACER REBATE

Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



P&C NEWS

Canteen news



Don't forget our Flexischool promotion currently running. Every week the canteen will be drawing a winner who will receive a free Moosies. Just order your child's lunch via Flexischool, have them return their order label to the canteen to enter the draw. Winners will be drawn each Monday. Have you joined Flexischools? Flexischools is the easiest and safest way to order canteen lunches. Order anytime, monitor what your child eats and don't stress when you don't have cash on you! Visit www.flexischools.com.au to set up an account or download the app.

Please remember when ordering through Flexischools, it is essential to complete your order and not just add it to your cart. Without completing your order, the order is not placed with the canteen!

Basketball Court

How amazing does the basketball court look, now the refurbishment is complete! It's so exciting to see it full of students each break time. We're sure it will be a popular spot to play for many years to come.



Frozen II is here!



A Tomaree Public School P&C exclusive event!

Join us on opening night- **Thursday 28th November @ Nelson Bay Cinemas.**

Come and meet Elsa, enjoy the movie and be in the draw to win prizes.

All tickets are \$20 (Children/ groups must be accompanied by an adult). Tickets are limited so get in quick! Family and friends welcome!

For full event details check out the information flyer in the newsletter.

Thanks

P&C Committee



Tomaree Public School P&C presents...

Disney FROZEN II

An exclusive!

Be one of the first in Australia to see the Disney movie Frozen II.

Thursday 28th November @ Nelson Bay Cinemas.

4.30pm Meet and greet session with ELSA!

5.30pm Cinema doors open, movie commences 5.45pm

All children will receive a goodie bag with snacks, drink and a special gift.
Prizes for the best dressed and lucky door prizes for adults and children!



All tickets are \$20 (Children/ groups must be accompanied by an adult).

Family and friends welcome!

TICKETS ARE LIMITED SO GET IN QUICK!

Order tickets via Flexischools, or return the order form below to the canteen.

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Some of our wonderful books we have been able to purchase from the points we receive from Bookclub orders.

Thank you to all who support bookclub.

Helen Waldon Teacher Librarian

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INSTORE & ONLINE THURSDAY 14TH NOVEMBER.
* Excludes gift cards, all suit packages & Schoolwear lobby's. Cannot be combined with other offers or discounts. Floor stock only.
Styles and colours may vary from store to store.
No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.
Offer ends midnight (AEST) 14/11/19. Must use Zero or Rewards card to receive discount.